



# Roadmap to Behavioral Health Careers in West Virginia



**March 30-31, 2022 12:00pm-3:00pm**



**Visit [BehavioralHealthWorkforceWV.com](https://BehavioralHealthWorkforceWV.com) for conference details**

# Welcome



**Cynthia Persily, PhD**

Vice Chancellor for Health Sciences  
WV Higher Education Policy Commission

**Gerard Schmidt, MA, LPC, MAC**

Chief Operations Officer  
Valley HealthCare System, Morgantown



# Student Perspectives: Why Behavioral Health Needs You

**Ellis Moran**, MA Clinical Psychology Student  
West Liberty University (Spring 2022)



**Shuba Narasimhan**, MSW  
West Virginia University (Fall 2021)



**Olivia Higdon**, MBA, MSW, LGSW  
West Virginia University (Spring 2021)



# Explore Online Roadmap Conference Materials



**Behavioral  
Health** PROGRAMS

Working to train, retain and grow outstanding behavioral health professionals in West Virginia.

[BehavioralHealthWorkforceWV.com](https://BehavioralHealthWorkforceWV.com)

Click on  
Events & News Tab  
Education & Careers Tab



# Behavioral Health PROGRAMS

Working to train, retain and grow outstanding behavioral health professionals in West Virginia.

## [View Conference Agenda](#)

As part of the conference, students and attendees are invited to review the [Career Pathways Video Series](#) on the Education & Careers page.

Videos cover the following topics:

- Explore Educational Programs at WV Colleges and Universities
- Counseling Students Discuss their Pathways
- Psychology Students Discuss their Pathways
- Social Work Students Discuss their Pathways
- Professionals Discuss their Pathways

Conference Handouts and Presentations

- [GRE prep materials](#)
- [Conference evaluation](#)
- [Powerpoint slides: How do I get there from here?\(coming soon\)](#)
- [Federal incentive programs for behavioral health](#)



# Explore Online Roadmap Conference Materials

## Career Pathways Video Series

- Learn About Educational Programs at WV Colleges and Universities
- Counseling Students Discuss their Pathways
- Psychology Students Discuss their Pathways
- Social Work Students Discuss their Pathways
- Professionals Discuss their Pathways

YouTube

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Exploring the Human Services Career Pathway... No views • 2 days ago

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Psychology Alumni Showcase Child and... No views • 3 days ago

Psychology Alumni Showcase Adult Based Soci... No views • 3 days ago

Fairmont State University Psychology Alumni... No views • 3 days ago

What do Community Health Professionals do? 2:47

Fairmont State University, Community Health Promoti... 1 view • 3 weeks ago

Marshall University, Bachelor and Master of Social Work 3 views • 3 weeks ago

Heather, LPC, Equine Therapy 2 views • 3 weeks ago

Destini, Mental Health Counseling Graduate... 7 views • 3 weeks ago

Patty, Clinical Mental Health Counseling Graduate... 2 views • 3 weeks ago

Olivia, Master of Social Work Student, West Virginia... 5:05

Bridget, Counseling Graduate Student, West Virginia... 4:51

Autumn, Master of Social Work Student, Concord... 7:46

Ellis, Master of Arts in Clinical Psychology Student... 13:47

Khadijah, Mental Health Counseling Graduate... 7:55

Drop your name and major in the chat for a chance to win a door prize!



# Education and Career Panel: Working with Children, Youth, and Families

## Moderator

- Carrie W. Rishel, PhD, MSW, Professor, Director, Rural Integrated Behavioral Health Training Program, School of Social Work, West Virginia University

## Panelists

- Shelley Plauche-Adkins, MSW, LSW, Director of Training, Education and Staff Development, Children's Home Society of WV
- Christina Schreiber, MA, LPC, School Counselor, Cabell County Schools
- Jessica Cole, MSW, LICSW, Therapist, Continuous Journey, LLC
- Sandra Stroebel, PhD, Psychologist/School Psychologist, Faculty, Marshall University



# Case Study Panel

## Moderator

- Robbin Durham, MSW, LICSW, Assistant Professor Social Work, Concord University

## Panelists

- Morgan Blatt, MA, LPC, NCC, Certified TF-CBT and PCIT Therapist, Program Director and Evidence Based Practice Coordinator, Pretera Center for Mental Health Services Inc
- Elizabeth Walling, MSW, LGSW, Therapist/Consultant, Intentional Wellness
- Melinda Price, AAS, Peer Recovery Support Specialist, New River Community and Technical College
- Kevin Junkins, MD, Chief Medical Officer- Behavioral Health, General Psychiatrist, Child and Adolescent Psychiatrist, Community Care of Bridgeport

# Case #1

## Case Description

Sally Pickens is 52 years old, Caucasian, divorced, and employed full-time as a cashier at a local convenience store. She became the full-time caregiver for her grandson, Travis, two years ago when her 16-year-old daughter Gloria gave birth. As a young child, Gloria was diagnosed with Attention Deficit Hyperactivity Disorder and was medicated throughout her childhood and adolescence. Gloria is currently addicted to heroin and lives with a 25-year-old boyfriend. The identity of Travis's father is unknown.

Ms. Pickens recently contacted the *Healthy Grandfamilies* program for help. An in-home assessment by the social worker revealed numerous concerns expressed by Ms. Pickens. She stated that she is under tremendous stress and has been diagnosed with diabetes and depression. In addition to her own health concerns, she fears that Travis is not developing normally because he has a very limited vocabulary. She states that he "just doesn't seem to be on par with other toddlers his age." She lives alone with Travis and has no family to help with his care. A neighbor babysits for him when Ms. Pickens is at work. Although she has been able to manage financially so far on her limited income, she has no health insurance, and is unable to afford the medications prescribed for her diabetes and depression. She cannot afford to take Travis to a physician for routine medical care. She lives paycheck to paycheck and fears that she is one medical emergency away from being unable to pay her rent, utilities and other bills.

In addition to her day-to-day struggles, Ms. Pickens expressed an overwhelming sense of sadness and concern about her daughter Gloria. When Travis was first born, Gloria showed interest in him and helped with his care. However, over the past 18 months after moving in with her boyfriend, she has become distant and only visits her mother and Travis when she wants money. The last time she visited, she stole her mother's only credit card from her purse and subsequently charged over \$2,500, leaving her mother with the bill. Because Ms. Pickens does not have legal custody of Travis, she avoids conflict and confrontation with Gloria because she fears she will take Travis from her. Gloria's addiction to heroin scares her, and she doesn't know what to do to help her. She is afraid Gloria will either overdose or end up in jail. Ms. Pickens feels alone, overwhelmed, and at a loss about what to do.

Thank you to the West Virginia State University Department of Social Work for providing this case study for discussion. The names of clients are fictional, but the experiences described represent those of real clients.

# Case #2

Thank you to the Behavioral Health Education Center of Nebraska (BHECN) for developing this case study for discussion and giving permission for its use. The names of clients are fictional, but the experiences described represent those of clients.

## Case Description

Dylan, a 15-year-old Latino freshman who attends school on-line, comes to his first session with you accompanied by his mother and older sister. Dylan's mother called for the appointment due to her increasing concerns about him. Dylan has been not eating many of the foods prepared for him at home and has lost 17 pounds over the course of the past 60 days. He refuses to eat because he is concerned about getting sick and is preoccupied with thoughts of getting the stomach flu. He does not leave the house other than an occasional walk to the park with his sister. As Dylan comes into your office, you notice he slipped his sleeve over his hand to open the door but then quickly pulled back and took the clipboard offered to him to complete the intake paperwork. You notice that his hands are very red and chapped when he takes the paperwork.

During the appointment, Dylan made very little eye contact and was very hesitant to offer any information. His mother and sister did most of the talking. Dylan's dad was not present for the session, however mom shared his dad, a military officer, is also worried about him. Dylan did offer that his family is very important to him and that he likes to play on-line video games, build with Legos and is interested in video game design. Throughout the intake Dylan coughed, especially when his mother and sister would describe their concerns. They shared he doesn't get along very well with his older brother who just returned from college. They share a room and argue and fight over Dylan "rocking the bunk bed" they sleep in. Mom says has always "rocked" himself to sleep. When talking about this, Dylan repeatedly coughed. And coughed. And coughed. Mom shared that Dylan coughs daily and that this has been happening for as long as she can remember. He also has sniffing episodes that make it sound as if he is sick, but he is actually very healthy whenever they have taken him to the doctor for the coughing and sniffing. When talking about his weight loss, Dylan realizes it is unhealthy, but he is worried about getting the stomach flu and is terrified that he will vomit if he eats anything that doesn't follow the rules he has devised for staying healthy. Dylan is very preoccupied with thoughts of being sick and has made up many rules in his mind that make no sense to anyone else, such as if his sister cooks red meat, he can eat it but if his mom cooks red meat, he can't eat it. He also has a habit of checking the temperature of the food that has been prepared for him. His mother and sister have tried to get him to eat and to do things outside of the house, but he refuses, even when they beg him to. Dylan did share he would like to stop worrying so much, wants to eat more, and wants to do more things with friends, but he just can't make himself try.

# Education and Career Panel: Working with Adult Populations

## **Moderator**

- Heidi Dobish, PhD, Associate Professor, Psychology, Shepherd University

## **Panelists**

- Aimee Bond, MSW, LGSW, Research Specialist, West Virginia University Office of Health Affairs
- Michelle Rivard, MSW, QCSW, PIP, LICSW, Community Engagement and Partnership Coordinator, U.S. Department of Veterans Affairs
- Felicia Roark, MSW, LGSW, Therapist II, Thomas Health Systems
- Kathleen Maynard, AADC, LPC, ALPS, Therapist, Proact



# How do I get there from here?

## Navigating Behavioral Health Pathways, Financial Aid, & Loan Repayment

### Presenters

- Michelle Yadrick, MA Clinical Psychology Student, West Liberty Department of Psychology, Clinician Intern, Northwood Health Systems
- Tana Pendell, Financial Aid Manager, Division of Financial Aid, WVHEPC
- Steven Little, Statewide Therapist Loan Repayment Program (STLR) Project Coordinator, WV Department of Health and Human Resources, Bureau for Behavioral Health
- Michelle Ruppert, Program Administrator, Division of Health Sciences, WVHEPC
  - Mental Health Loan Repayment Program
  - Health Sciences Service Program
- Heather Tolley, BSN, RN, WV Department of Health and Human Resources, Bureau for Public Health, Division of Primary Care, National Health Service Corps State Coordinator

A scenic landscape featuring a winding asphalt road that curves through a field. To the right of the road is a wire fence, and beyond that, rolling hills under a sky with soft, golden light from a setting or rising sun. The overall mood is peaceful and hopeful.

# BECOMING A BEHAVIORAL HEALTH PROFESSIONAL

MICHELLE YADRICK, B.S.  
WEST LIBERTY UNIVERSITY



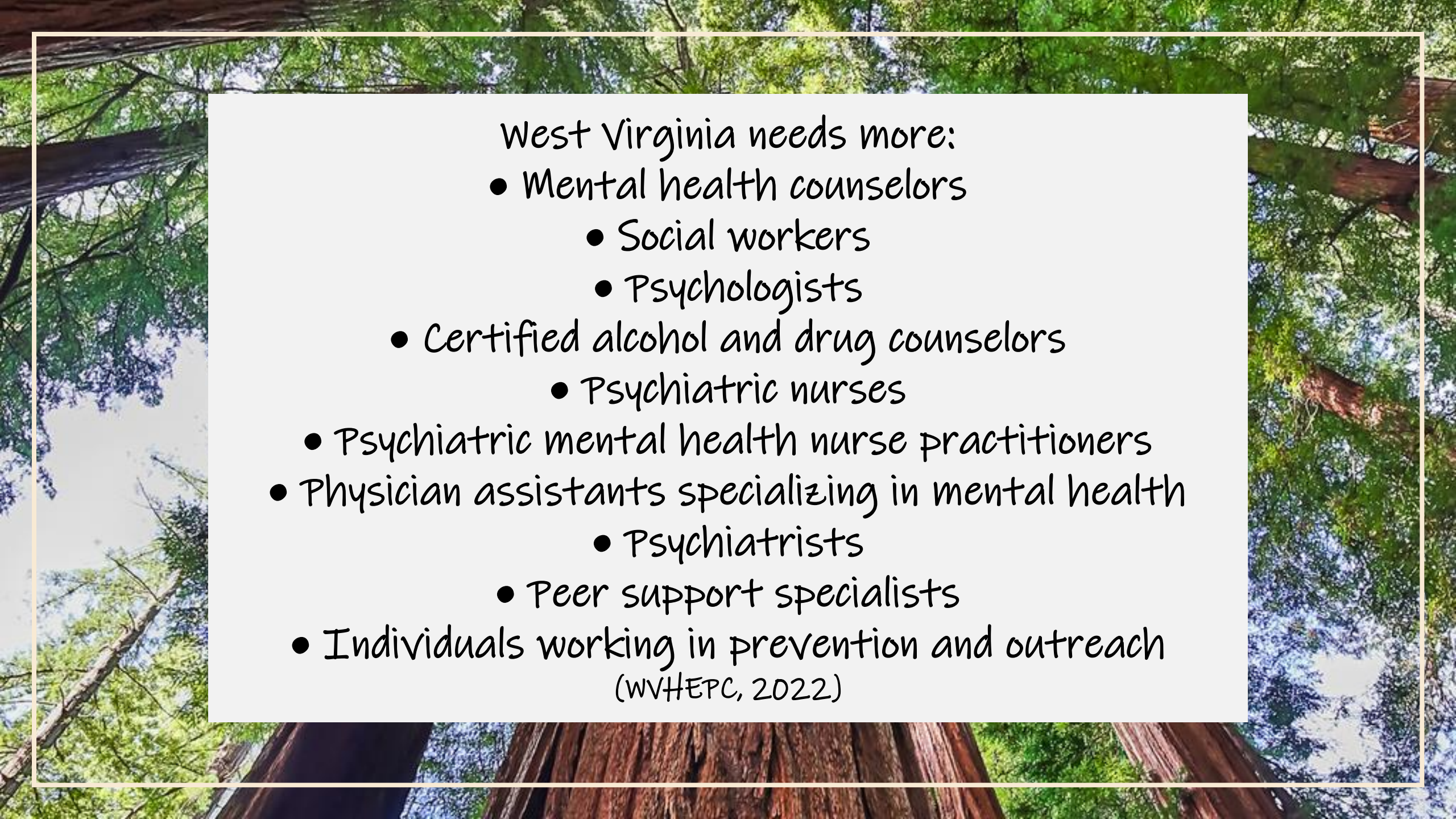
## THE NEED IN WEST VIRGINIA

- Average prevalence of past-year serious thoughts of suicide was 5.6% between 2017 and 2019, higher than the national average (SAMHSA, 2019)
- Opioids were involved in 70% of WV overdose deaths in 2018 (National Institute on Drug Abuse, 2020)
- 51.6% of West Virginians with behavioral health issues did not get treatment in 2019; this statistic has likely gone up due to COVID-19
- Entire areas of our state are without any behavioral health resources within commutable distance.

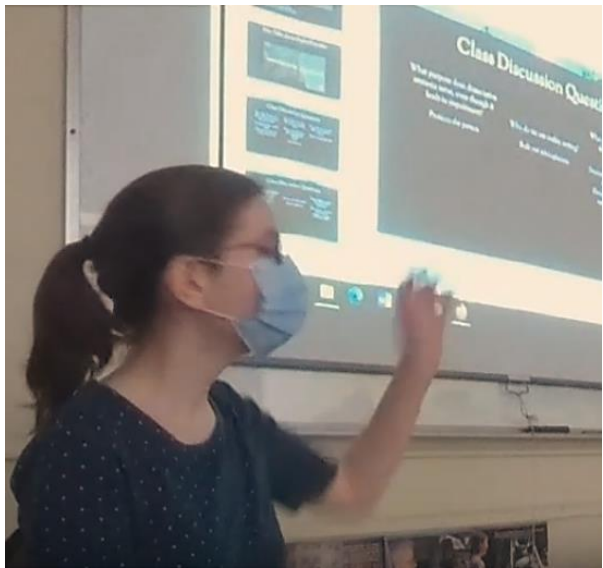
[https://www.samhsa.gov/data/sites/default/files/reports/rpt32865/WestVirginia-BH-Barometer\\_Volume6.pdf](https://www.samhsa.gov/data/sites/default/files/reports/rpt32865/WestVirginia-BH-Barometer_Volume6.pdf)

<https://www.drugabuse.gov/drug-topics/opioids/opioid-summaries-by-state/west-virginia-opioid-involved-deaths-related-harms>



- 
- West Virginia needs more:
- Mental health counselors
    - Social workers
    - Psychologists
  - Certified alcohol and drug counselors
    - Psychiatric nurses
  - Psychiatric mental health nurse practitioners
  - Physician assistants specializing in mental health
    - Psychiatrists
    - Peer support specialists
  - Individuals working in prevention and outreach  
(WVHEPC, 2022)







## Undergraduate Journey

- ✓ Learning about the field
- ✓ Passing classes
- ✓ Practica (jobs through program)
- ✓ Passing Major Field Test
- ✓ Graduation

There are many ways to enter the behavioral health field. Psychology, Counseling, and Social Work all serve our state's need.





Now what do I do?

- ✓ Passing classes
- ✓ Practicum
- ✓ Internship
- ✓ Studying for licensure exam
- Passing exam
- Getting approved by the Board
- Supervision time
- On my own!

West Virginia Board of Examiners of  
Psychologists

<https://psychbd.wv.gov/Pages/default.aspx>



CAREER	EDUCATION	LICENSE	WV PROGRAMS
<b>Social Worker</b>	Bachelor's Degree	Licensed Social Worker (LSW)	Bethany College Marshall University Shepherd University West Liberty University West Virginia State University West Virginia University
	Master's Degree	Licensed Graduate Social Worker (LGSW) Licensed Certified Social Worker (LCSW) Licensed Independent Clinical Social Worker (LICSW)	Concord University Marshall University West Virginia University
<b>Counseling</b>	Master's Degree	Licensed Professional Counselor (LPC)	Marshall University West Virginia University
<b>Psychology</b>	Master's Degree	Licensed Psychologist	Marshall University West Liberty University West Virginia University
	Doctorate (PsyD, PhD)	Licensed Psychologist	Marshall University West Virginia University





## SOCIAL WORK

Direct roles in the lives of those in need

Large involvement in community outreach and welfare

Emphasis on case management

Extensive opportunities for employment at the bachelor's level

Counseling at the licensure level

## COUNSELING

Ability to work with agencies or independently

Need for graduate education to begin licensed work

Emphasis on counseling issues in life development, such as school transitions, depression, anxiety, and trauma, divorce, marriage, parenting, stress

## PSYCHOLOGY

Ability to work with agencies or independently

Need for graduate education to begin licensed work

Emphasis on psychotherapy for mental disorders, from anxiety to schizophrenia

Ability to diagnose and conduct psychological tests



What's the usual difference between the fields?



## HIGH SCHOOL

Take dual credit or AP psychology classes

Volunteer

Talk to your school counselor or guidance counselor about college directions and shadowing opportunities

Learn about diverse life experiences

## COLLEGE

Talk to your advisor actively

Stay active in coursework and maintain a GPA

Volunteer

Build professional relationships and get letters of recommendation for jobs or grad schools

Do practica and internships

## GRAD SCHOOL

Get your social work degree from a college or university program accredited by the Council on Social Work Education (CSWE). All of West Virginia's MSW programs are accredited.

Obtain approved internships

Prepare for licensure exams



## HIGH SCHOOL

Take dual credit or AP psychology classes

Volunteer

Talk to your school counselor or guidance counselor about college directions and shadowing opportunities

Learn about diverse life experiences and seek your own counseling

## COLLEGE

Talk to your advisor actively

Stay active in coursework and maintain a GPA

Volunteer

Build professional relationships and get letters of recommendation for jobs or grad schools

Do practica and internships

## GRAD SCHOOL

A master's degree is needed to become a licensed counselor

Obtain approved internships

Actively seek a supervisor

Prepare for licensure exams

Learn more from the American Counseling Association at [www.counseling.org](http://www.counseling.org)



What steps can I take? – Counseling



## HIGH SCHOOL

Take dual credit or AP psychology classes

Volunteer

Talk to your school counselor or guidance counselor about college directions and shadowing opportunities

Read psychology textbooks and seek your own therapy

## COLLEGE

Talk to your advisor actively

Stay active in coursework and maintain a GPA

Volunteer

Build professional relationships and get letters of recommendation for jobs or grad schools

Do practica and internships

## GRAD SCHOOL

At least a master's degree is needed to become a licensed psychologist in WV

A doctor degree will pave the way to licensure in every state

Obtain approved internships

Actively seek a supervisor

Prepare for the EPPP licensure exam



What steps can I take? – Psychology





*"If you find it in your heart to care for  
somebody else, you will have succeeded."*



*- Maya Angelou*







# Roadmap to Behavioral Health Careers in WV Conference Financial Aid

March 31, 2022



# Who applies for financial aid?

- Any student planning to attend any post secondary program or anyone considering college in the upcoming year.



# Why do I need financial aid?

- To help pay or offset the cost for post-secondary education



# What is financial aid?

- Any funds that are used to help pay for post secondary education.
- Federal Financial Aid
- State Financial Aid
- Scholarships
- Grants
- Loans
- Institutional Aid



# When do I apply for financial aid?

- Typically, you apply for financial aid the year prior.
- Deadlines
- Research early
- Annually
- Renewal





# Where do I apply for financial aid?

- Depends on the program
- Applications can be submitted online or mailed.
  - Follow directions!
  - Submit all required documents.
  - Be aware of deadlines!

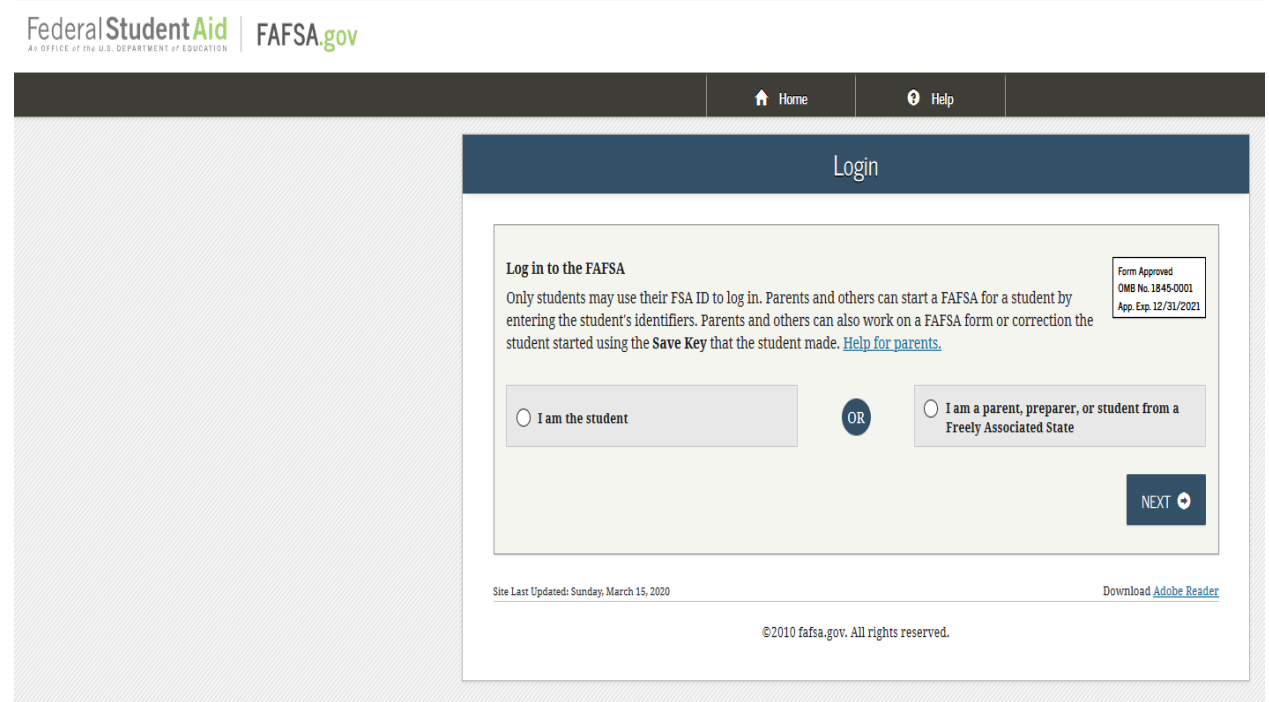


# Financial Aid Applications

- FAFSA – (Free Application for Federal Student Aid) – [www.fafsa.ed.gov](http://www.fafsa.ed.gov)
- Promise Application – [www.collegeforwv.com/promise](http://www.collegeforwv.com/promise)
- WV Invests Application – [www.collegeforwv.com/wvinvests](http://www.collegeforwv.com/wvinvests)
- Institutional Applications
- Private Scholarship Applications

# WWW.FAFSA.GOV

- Available:  
October 1, 2021
- Promise deadline  
March 1, 2022
- WV State Grant deadline  
April 15, 2022
- WV Invests priority deadline  
April 15, 2022



The screenshot shows the FAFSA.gov login page. At the top, it says "Federal Student Aid | FAFSA.gov" and "AN OFFICE OF THE U.S. DEPARTMENT OF EDUCATION". There are navigation links for "Home" and "Help". The main heading is "Login". Below this, there is a section titled "Log in to the FAFSA" with the following text: "Only students may use their FSA ID to log in. Parents and others can start a FAFSA for a student by entering the student's identifiers. Parents and others can also work on a FAFSA form or correction the student started using the Save Key that the student made. [Help for parents.](#)". To the right of this text is a box that says "Form Approved OMB No. 1845-0001 App. Exp. 12/31/2021". Below the text are two radio button options: "I am the student" and "I am a parent, preparer, or student from a Freely Associated State", separated by an "OR" button. A "NEXT" button is located to the right of the second option. At the bottom of the page, it says "Site Last Updated: Sunday, March 15, 2020" and "Download [Adobe Reader](#)". A copyright notice at the very bottom reads "©2010 fafsa.gov. All rights reserved."





# The FAFSA – A Five Step Process

Section 1 – Student Information

Section 2 – Student Dependency Status

Section 3 – Parental Information

Section 4 – Student Finances

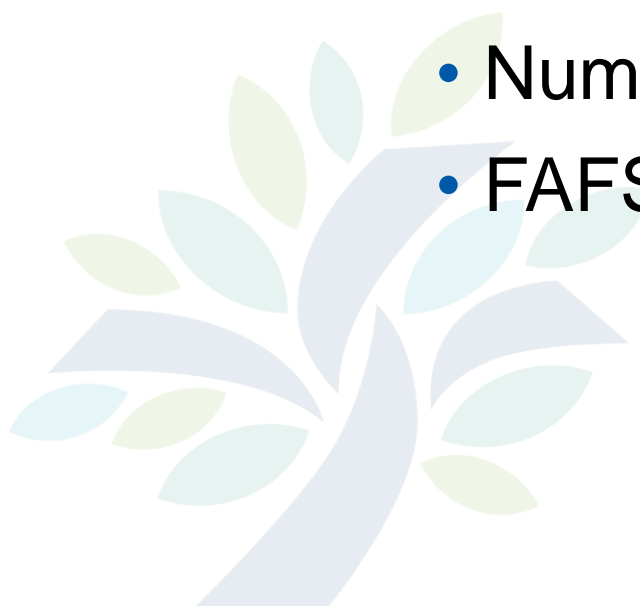
Section 5 – List of Schools

# How is Dependency Determined?

- At least 24 years old by December 31st of the year preceding the award year;
- Graduate or professional student;
- Married;
- Has legal dependents other than a spouse;
- Both parents deceased or ward of the court;
- Veteran or active duty for purpose other than training of the U.S. Armed Forces; or
- Foster care, emancipated minor, legal guardianship;
- Homeless or unaccompanied youth.

# Frequent FAFSA Errors

- Social Security Number
- Parent Information
- Untaxed income
- U.S. income taxes paid
- Household size
- Number in postsecondary education
- FAFSA Year





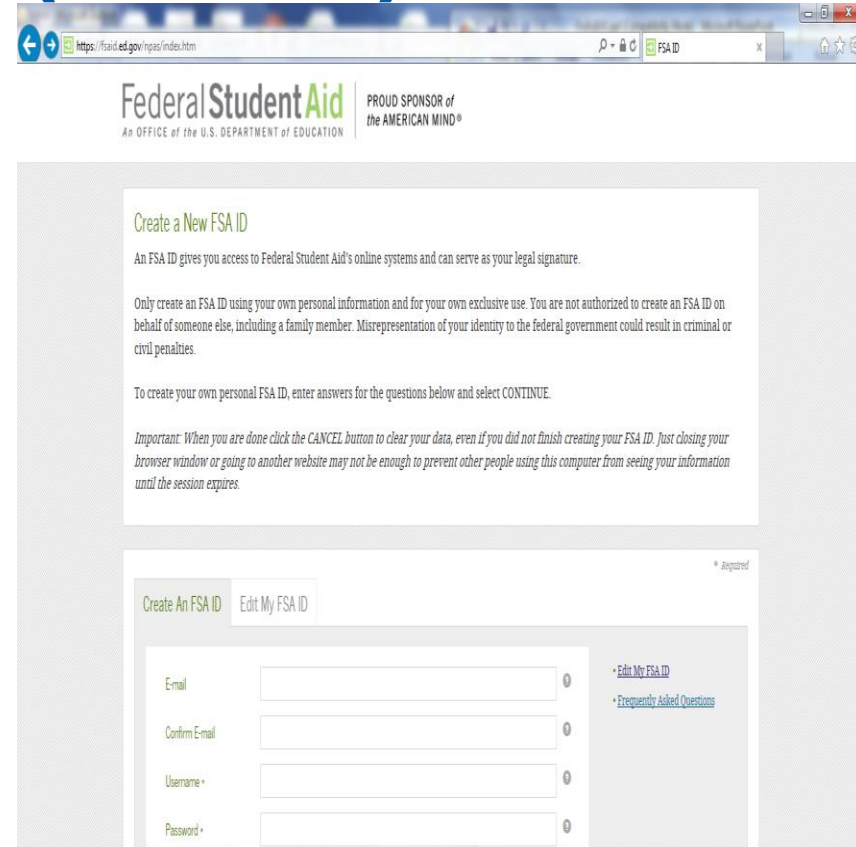
# IRS Link to FAFSA

- Available October for 2022-2023
- Allow applicants and parents of dependent applicants to transfer 2020 tax return information from an IRS Web site directly into their FAFSA
- Income from IRS will be masked and won't be able to be changed



# Federal Student Aid ID (FSAID)

- Gives you access to Federal Student Aid online systems
- Serves as your electronic signature
- Create a username and password to sign and access your FAFSA
- Can link your e-mail or cell phone to your ID



The screenshot shows a web browser window with the URL <https://fsaid.ed.gov/npas/index.htm>. The page header includes the "Federal Student Aid" logo, "AN OFFICE of the U.S. DEPARTMENT of EDUCATION", and "PROUD SPONSOR of the AMERICAN MIND®". The main content area is titled "Create a New FSA ID" and contains the following text:

An FSA ID gives you access to Federal Student Aid's online systems and can serve as your legal signature.

Only create an FSA ID using your own personal information and for your own exclusive use. You are not authorized to create an FSA ID on behalf of someone else, including a family member. Misrepresentation of your identity to the federal government could result in criminal or civil penalties.

To create your own personal FSA ID, enter answers for the questions below and select CONTINUE.

*Important: When you are done click the CANCEL button to clear your data, even if you did not finish creating your FSA ID. Just closing your browser window or going to another website may not be enough to prevent other people using this computer from seeing your information until the session expires.*

Below the text is a form with two tabs: "Create An FSA ID" (selected) and "Edit My FSA ID". The form fields are:

- Email
- Confirm E-mail
- Username\*
- Password\*

On the right side of the form, there are two links: "Edit My FSA ID" and "Frequently Asked Questions". A small asterisk and the word "Required" are visible in the top right corner of the form area.

# FAFSA ON THE WEB

- Confirmation Page
- Application is processed in order it was received usually within 72 hours
- If you provide e-mail address, you will receive an e-mail with a “link” to view your Student Aid Report (SAR) on-line
- Important that you review your Student Aid Report





# Making Corrections

Corrections to FAFSA data may be made by:

- Using FAFSA on the Web ([www.fafsa.gov](http://www.fafsa.gov)) if student has a FSAID;
- Updating paper SAR (SAR Information Acknowledgement cannot be used to make corrections); or
- Submitting documentation to college's financial aid office

# Verification

- The U.S. Department of Education randomly selects;
- Student must comply with institutional request for information;
- Use either IRS Data Retrieval Process, or
- Must contact IRS to request a tax transcript be sent at [www.irs.gov](http://www.irs.gov) or by calling 1-800-908-9946

# Special Circumstances (Professional Judgment)

- Cannot report on FAFSA
- Send written explanation to financial aid office at each college
- Examples include but not limited to:
  - Change in employment status
  - Medical expenses not covered by insurance
  - Change in parent marital status



# Basic Equation of Need

$$\begin{array}{l} \text{Cost of Attendance (COA)} \\ - \text{Expected Family Contribution (EFC)} \\ \hline = \text{Student's Financial Need (eligibility)} \end{array}$$

# Cost of Attendance

(varies from school to school)

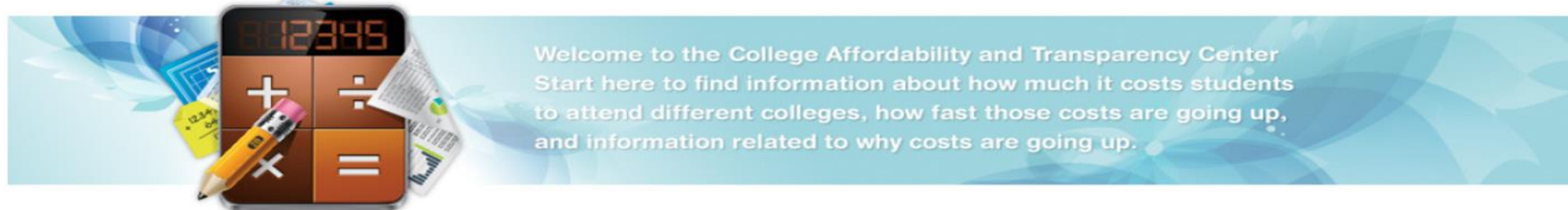
- Tuition and fees
- Room and board
- Books and supplies
- Transportation
- Miscellaneous personal expenses
- Loan fees, study abroad costs, dependent or elder care expenses.

# CollegeCost.ed.gov



U.S. Department of Education

## College Affordability and Transparency Center



Welcome to the College Affordability and Transparency Center. Start here to find information about how much it costs students to attend different colleges, how fast those costs are going up, and information related to why costs are going up.

### College Scorecard

College Scorecards make it easier for you to search for a college that is a good fit for you. You can use the College Scorecard to find out more about a college's affordability and value so you can make more informed decisions about which college to attend.

[Enter](#)

### Net Price Calculator Center

Here you will find links to colleges' net price calculators. Net price calculators help you estimate how much colleges cost after scholarships and grants.

[Enter](#)

### College Navigator

Here you can search for and compare colleges on all sorts of criteria including costs, majors offered, size of school, campus safety, and graduation rates.

[Enter](#)

### College Affordability and Transparency List

Here you will find information about tuition and net prices at postsecondary institutions. The site highlights institutions with high and low tuition and fees as well as high and low net prices (the price of attendance minus grant and scholarship aid). It also shows institutions where tuition and fees and net prices are increasing at the highest rates.

[Enter](#)

### 90/10 Information

Here you will find a list of for-profit (proprietary) postsecondary institutions that receive more than 90 percent of their revenues from Title IV Federal Student Aid.

[Enter](#)

### State Spending Charts

Here you will find summary information on changes in state appropriations for postsecondary education, state aid for students, and tuition and fees.

[Enter](#)



# Determining the Expected Family Contribution (EFC)

- Income
- Asset Equity (excluding home equity)
- Family Size
- Number of Family Members in College (excludes parent enrolled in college)
- Age of Parents

# Federal Programs

- Federal Pell Grant
- Federal Supplemental Opportunity Grant
- Federal Work-Study
- TEACH Grant
- Federal Direct Loan Program

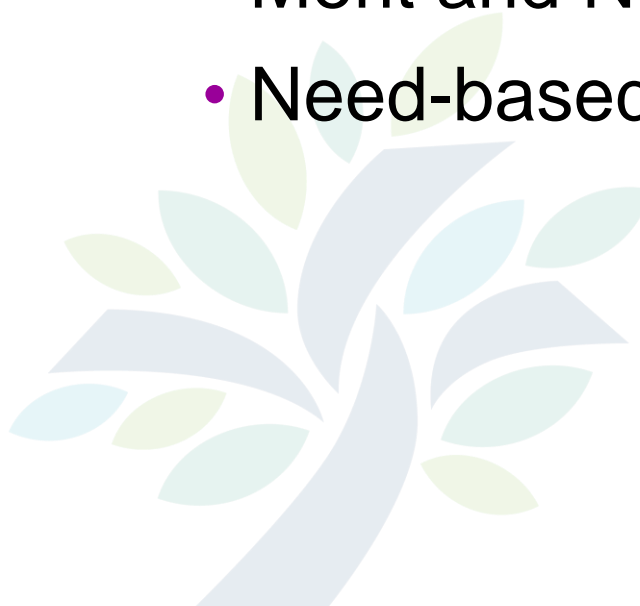


# Federal Pell Grant

- Eligible students
  - Undergraduates pursuing first baccalaureate or professional degree
  - Aid administrator determines actual award amount based on enrollment status, and EFC (under 5,846 for 21-22)
- Award amounts
  - Up to \$6,495 maximum for 2021-22

# Institutional Aid

- Academic Scholarships
- Performance Scholarships
- Entitlement Scholarships
- Merit and Need-based Scholarships
- Need-based Grants and Loans





# Private Aid

- Community Organizations
- Churches
- Employers and Labor Unions
- Professional Associations
- Corporations / Foundations
- Private Loans

# How do I start the financial aid process?

- Fill out the FAFSA
- Submit Applications
- Research





CAREER  
PLANNING

HIGH  
SCHOOL  
PLANNING

COLLEGE  
PLANNING

FINANCIAL AID  
PLANNING

YOUR  
PORTFOLIO



What should I do  
**TO PREPARE  
FOR COLLEGE?**

COLLEGE PLANNING



## Your Home for State Financial Aid

QUESTIONS? ASK SAM



# State Financial Aid Programs in WV





- Last dollar grant
- Must complete WV Invests application and FAFSA
- Priority deadline of April 15, 2022, for 2022-23
- Application will become available October 1, 2021, for 2022-23.
- Cannot have a prior degree of associates or higher or have attempted 90 or more credit hours
- Be enrolled in an eligible program at a participating institution



WEST VIRGINIA  
**Promise**  
SCHOLARSHIP

- The maximum award will be \$5000
- Academic eligibility standards for the 2022 graduating class
  - 21 ACT Composite with a minimum 19 in each subject area
  - 1080 SAT Composite with minimum of 510 EBRW and 510 Math
  - 3.0 overall and core high school grade point average
- Final test dates to establish scholarship eligibility for 2022 will be
  - July 2022 for the ACT; June 2022 for the SAT
  - Superscoring allowed for Class of 2022 and 2023
  - Residual Scores not accepted for 2022
- 2022-2023 Free Application for Federal Student Aid (FAFSA) must be filed by March 1, 2022, at [www.fafsa.gov](http://www.fafsa.gov)
- PROMISE Scholarship application must be completed on-line by March 1, 2022, at [www.collegeforwv.com/promise](http://www.collegeforwv.com/promise)

The logo for the Higher Education Grant Program features the text "Higher Education" in a large, bold, blue sans-serif font, with "GRANT PROGRAM" in a smaller, bold, green sans-serif font below it. To the right of the text is a stylized graphic of an open book with a green leaf-like shape above it, all within a purple square frame.

# Higher Education GRANT PROGRAM

- The only application students need to complete for the Higher Education Grant is the FAFSA
- FAFSA must be first submitted by April 15, 2022 deadline.
- However, FAFSA needs to be correct by beginning of May to be considered in award cycle, can lose eligibility if changes to FAFSA are made.



# Higher Education GRANT PROGRAM



2021-22 Expected Family Contribution ( EFC)	Maximum Annual Higher Education Grant Award
0 -12,000	\$3,000



# HEAPS GRANT

- Block grant given to public 4-year, public 2-year, private non-profit, and career and vocational centers for their part-time students
- \$247 a credit hour for 21-22 at non-public colleges
- Students must be enrolled 3-11 hours to be eligible for HEAPS part-time
- Students must have a 2.0 cum GPA and meet SAP
- Contact college/vocational school for application

# HEAPS WORKFORCE

- Application becomes available on July 1;
- Contact the college/vocational school for application
- Can receive up to \$2,000 or tuition and fees
- For Certificate or short-term training programs like certified medical training, mining, gaming, LPN etc.
- Must file the FAFSA and complete HEAPS application



UNDERWOOD-SMITH  
**Teacher** **LOAN ASSISTANCE PROGRAM**

- Application is available July 1, 2021, with a deadline of November 1, 2021
- Teachers can receive up to \$3,000 toward their federal student loans in exchange for 2 years of service teaching full-time
- Can receive up to \$15,000 total
- School counselors, math, science, special education, and elementary education in high need counties. Map of eligible counties and fields at <https://www.collegeforwv.com/programs/u-s-teacher-scholarship-loan-assistance/>



# Outreach Activities

- Outreach for 2021-22 will be virtual and in-person.
- Webinars are posted on the community calendar on CFWV.
- All webinars are recorded and available on collegeforwv and youtube page.



## West Virginia's 2021-22 Statewide Financial Aid Workshop Series Schedule

Financial Aid Webinar Time: 6:00 PM	13 SEP	WV Invests Webinar Time: 6:00 PM	26 OCT
Underwood-Smith Teaching Scholars Webinar Time: 6:00 PM	21 SEP	WV Higher Education Grant Webinar Time: 6:00 PM	1 NOV
FAFSA Line-by-Line Time: 6:00 PM	30 SEP	HEAPS PT and Workforce Webinar Time: 6:00 PM	9 NOV
Promise Scholarship Webinar Time: 6:00 PM	4 OCT	Renewal Webinar for College Students Time: 6:00 PM	2 DEC
WV Engineering, Science and Technology Scholarship Webinar Time: 6:00 PM	14 OCT	Financial Aid Webinar Time: 6:00 PM	7 DEC
Financial Aid Webinar Time: 6:00 PM	19 OCT	Underwood-Smith Teaching Scholars Webinar (2nd round) Time: 6:00 PM	10 JAN

- Live webinars begin at 6:00 pm.
- A pre-recorded webinar series is available at CFWV.com.
- The webinars are available any time at CollegeforWV.com, but for live events with financial aid experts, you will join as scheduled.
- Families may request individual FAFSA assistance by contacting the Division of Financial Aid at wvfinancialaid@wvhepc.edu or calling (304) 558-4619.

## West Virginia's 2021-22 Statewide Financial Aid Workshop Series Schedule

Financial Aid Webinar Time: 6:00 PM	20 JAN	WV Invests Webinar Time: 6:00 PM	7 APR
FAFSA Line-by-Line Time: 6:00 PM	31 JAN	Junior Financial Aid Webinar Time: 6:00 PM	25 APR
Promise Scholarship Webinar Time: 6:00 PM	8 FEB		
WV Engineering, Science and Technology Scholarship Webinar Time: 6:00 PM	17 FEB		
FAFSA Review and Q&A Time: 6:00 PM	22 FEB		
WV Higher Education Grant Webinar Time: 6:00 PM	5 APR		

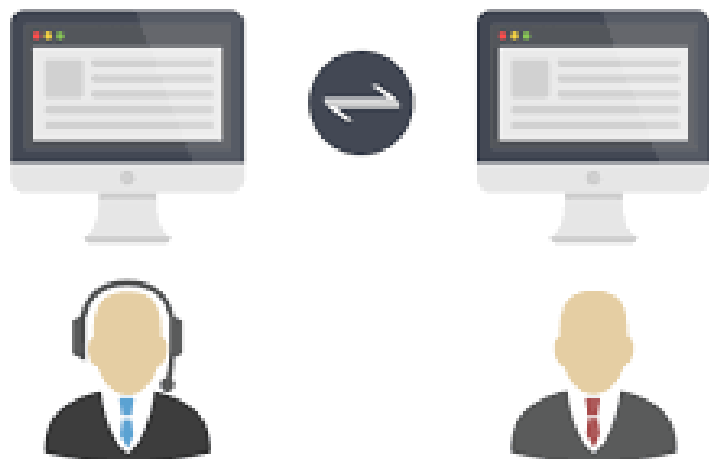
To join any of these webinars using Zoom, please click link below:  
<https://wvcolleges.zoom.us/j/94010111069>

Visit [CollegeforWV.com](http://CollegeforWV.com) for state aid information and applications, then Ask Sam if you have questions. Sam's live chat feature will connect you to financial aid experts during business hours.



- Live webinars begin at 6:00 pm.
- A pre-recorded webinar series is available at CFWV.com.
- The webinars are available any time at CollegeforWV.com, but for live events with financial aid experts, you will join as scheduled.
- Families may request individual FAFSA assistance by contacting the Division of Financial Aid at wvfinancialaid@wvhepc.edu or calling (304) 558-4619.

# FAFSA Assistance



- Student needs assistance we can help them remotely, just contact our office to set up a time



# Follow CFWV!

TALK TO US | NEED HELP?



SIGN IN | CREATE AN ACCOUNT



CAREER PLANNING

HIGH SCHOOL PLANNING

COLLEGE PLANNING

FINANCIAL AID PLANNING

YOUR PORTFOLIO



I'm ready for college

# HOW WILL I PAY FOR IT?

FINANCIAL AID PLANNING





*Sign up today!*

# TXT 4 SUCCESS

Join more than 27,000 other students receiving college counseling by text. Sign up at [cfwv.com](http://cfwv.com).



[cfwv.com](http://cfwv.com)



# Customer Service

Call for help!

**Federal Financial Aid:**

**1-800-433-3243**

**State Financial Aid:**

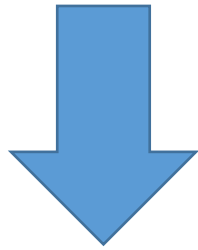
**1-877-987-7664**

**[WVFinancialaid@wvhepc.edu](mailto:WVFinancialaid@wvhepc.edu)**





QUESTIONS? ASK SAM



Chatbot with **live chat**  
During business hours  
Monday-Friday 9am-4pm

Hi, my name is SAM. I am an artificially intelligent chatbot here to help answer student financial aid questions. How can I help?



Tana Pendell, Financial Aid Manager  
Division of Financial Aid  
West Virginia Higher Education Policy Commission  
1018 Kanawha Boulevard East, Suite 700, Charleston, WV 25301  
(304) 558-4618 • [wvfinancialaid@wvhepc.edu](mailto:wvfinancialaid@wvhepc.edu)  
[www.wvhepc.edu](http://www.wvhepc.edu)





# Statewide Therapist Loan Repayment Program (STLR)

Learn about program benefits, who is eligible and how to apply at <https://dhhr.wv.gov/BBH/data/STLR/Pages/default.aspx>



# WV Higher Education Policy Commission Division of Health Sciences

Mental Health Loan Repayment Program  
&  
Health Sciences Service Program



# Mental Health Loan Repayment Program

## History

- Established in 2019 by WV State Legislature
- Loan Repayment Program for mental and behavioral health professionals who reside and work in WV
- Recipients who complete a one-year service obligation in an underserved area of WV are eligible to receive up to \$10,000 in loan repayment.
  - This award can be renewed for a total of three years
    - Up to \$30,000 total in loan repayment for up to three years of service.
- First year of awards we are giving out \$230,000 in loan repayment to WV professionals.



# Mental Health Loan Repayment Program

## Eligible Professions

- Applicants must be a graduate of an accredited program from an institution of higher education having obtained a degree preparing them for licensure in one of the following disciplines:
  - Licensed Doctoral Clinical Psychologist
  - Master's Level Licensed Psychologist
  - Licensed Independent Clinical Social Worker
  - Licensed Certified Social Worker
  - Licensed Professional Counselor
  - Licensed Marriage and Family Therapist
- Applicants must certify they possess educational debt in an amount equal to or exceeding the proposed award (\$10,000).
- Applicants must be employed in an underserved area in West Virginia providing therapy or counseling for the majority of their practice.





# Mental Health Loan Repayment Program

## Service Obligation

- Eligible applicants must agree to practice full-time for at least one year or part-time for at least two years in an underserved area of West Virginia.
  - Underserved area is defined as any mental health professional shortage area located in WV as determined by the WV Bureau for Public Health; any hospital devoted solely to the provision of mental health services; or any additional mental health professional shortage area determined by the Senior Director of Health Sciences.
    - We also utilize [HPSA](#) designations which are determined by [HRSA](#).
- Successful Applicants who are awarded must sign a practice agreement for either one or two years to serve in an eligible area in WV.



# Mental Health Loan Repayment Program

## Application

- Applications are OPEN NOW and close on APRIL 15, 2022!
- If you are interested in applying, please visit [collegeforwv.com/programs](http://collegeforwv.com/programs) and click on Mental Health Loan Repayment Program icon.
- You will need to submit proof of licensure/degree and after you submit your application you will receive two reference forms via email to send to two professional references.



# Health Sciences Service Program

## History

- Established in 1995 by the West Virginia Legislature and funded with state dollars.
- A loan repayment program for health and behavioral health profession students
- Students must be interested in practicing in underserved communities in West Virginia.
- In exchange for completing a service obligation, gives students a loan repayment award of \$15,000
- Since 2015 we have awarded over \$150,000 in loan repayment to Clinical Psychologists and Licensed Independent Clinical Social Workers in WV.



# Health Sciences Service Program

## Student Eligibility

- Students must be enrolled and entering the final year of their program in West Virginia.
  - Eligible Disciplines:
    - Clinical Psychologists
    - Clinical Social Workers
- Students must be interested in practicing in an underserved area of West Virginia during the service obligation period.
- Students must complete all their certification and licensure requirements prior to beginning their service obligation.
  - Clinical Psy. D students must complete a one-year internship and become licensed
  - LICSW students must complete a two-year clinical supervised training and become licensed



# Health Sciences Service Program

## Service Obligation

- Eligible applicants must agree to practice full-time for at least one year or part-time for at least two years in an underserved area of West Virginia.
  - Underserved area is defined as any mental health professional shortage area located in WV as determined by the WV Bureau for Public Health; any hospital devoted solely to the provision of mental health services; or any additional mental health professional shortage area determined by the Senior Director of Health Sciences.
    - We also utilize HPSA designations which are determined by HRSA.
- Successful Applicants who are awarded must sign a practice agreement for either one or two years to serve in an eligible area in WV.





# Health Sciences Service Program

## Application

- Opens July 15 and closes on November 15 annually
  - Open to all students enrolled in eligible WV PsyD and Social Work programs leading to LICSW.
- Application is online at [collegeforwv.com/programs](https://collegeforwv.com/programs) and click on the Health Sciences Service Program logo
- There are additional application materials to submit:
  - Certification of Educational Status
  - Two Educational/Professional References



# Bridging the Programs Together

Students interested in Clinical Psychology or becoming a Licensed Independent Clinical Social Worker and who are also dedicated to helping underserved populations in West Virginia, may possibly bridge these two programs together for the supreme student loan repayment and service to West Virginia.



By Frits Ahlefeldt





## Questions?

Contact Michelle Ruppert  
WV Higher Education Policy Department  
Division of Health Sciences  
Program Administrator

[Michelle.Ruppert@wvhepc.edu](mailto:Michelle.Ruppert@wvhepc.edu)

304-558-0530



# National Health Service Corp Overview

Heather Tolley  
Shortage Designation Coordinator  
West Virginia Division of Primary Care  
March 2022



**NHSC provides assistance to communities that have limited or no access to primary care health services by providing financial assistance to providers in exchange for working at a NHSC approved site.**



**NHSC requires facilities to become an approved site before providers are eligible to apply for NHSC awards.**

- **Site must be located in a HPSA**
  - Check HPSA status anytime at [data.hrsa.gov](http://data.hrsa.gov)
- **Not discriminate in the provision of services to an individual**
- **Use a discounted/sliding fee schedule to ensure that no one who is unable to pay will be denied access to services based on income, not assets**
- **Accept Medicare, Medicaid, and CHIP**

# WHICH ONE IS RIGHT FOR YOU?

PROGRAM TYPE	NHSC Loan Repayment Program	NHSC SUD Workforce Loan Repayment Program	NHSC Rural Community Loan Repayment Program
DISCIPLINES ELIGIBLE FOR ALL PROGRAMS	Physicians (DO/MD) • Nurse Practitioners (NP) • Physician Assistants (PA) • Certified Nurse Midwives (CNM) Health Service Psychologists (HSP) • Licensed Clinical Social Workers (LCSW) • Psychiatric Nurse Specialists (PNS) Marriage and Family Therapists (MFT) • Licensed Professional Counselors (LPC)		
DISCIPLINES ELIGIBLE FOR SPECIFIC PROGRAMS	+	+	+
	Dentists (DDS/DMD) Dental Hygienists (RDH)	Substance Use Disorder (SUD) Counselors Pharmacists (PHARM) Registered Nurses (RN)	Substance Use Disorder (SUD) Counselors Pharmacists (PHARM) Registered Nurses (RN) Certified Registered Nurse Anesthetists (CRNA)
AWARD AMOUNT	UP TO \$50K full-time / UP TO \$25K part-time	UP TO \$75K full-time / UP TO \$37.5K part-time	UP TO \$100K full-time / UP TO \$50K part-time
SERVICE COMMITMENT	2 YEARS	3 YEARS	
NHSC HEALTH CARE SITE	✓ Any NHSC-approved site	✓ Any NHSC-approved SUD site	✓ Any rural, NHSC-approved SUD site

All programs use one application, **but you can only apply to one program.**

## NHSC Loan Repayment Program:

- **Up to \$50,000 to repay health profession student loans in exchange for a two-year commitment to work at an approved NHSC site in a high-need, underserved area.**
  - **Up to \$50,000 for 2 year full time commitment**
  - **Up to \$25,000 for a 2 year part time commitment**

## NHSC Eligibility Requirements:

- **Must be a United States citizen (either United States born or naturalized) or United States National.**
- **Must be eligible for, or hold, an appointment as a commissioned officer in the Regular Corps of the Public Health Service or be eligible for selection for civilian service in the NHSC.**
- **Must participate or be eligible to participate as a provider in the Medicare, Medicaid, and Children's Health Insurance Programs, as appropriate.**
- **Must have a current, full, permanent, unencumbered, unrestricted health professional license, certificate, or registration in the discipline in which he/she is applying to serve.**

- **Primary Care:**
  - Physicians (MD and DO)
  - Physician Assistant (PA) and Nurse Practitioners (NP)
  - Certified Nurse-Midwives (CNM)
- **Dental Care:**
  - Dentists (DDS and DMD)
  - Dental Hygienists
- **Behavioral and Mental Health:**
  - Physicians (MD and DO)
  - Health Service Psychologists
  - Licensed Clinical Social Workers
  - Psychiatric Nurse Specialists
  - Marriage and Family Therapists
  - Licensed Professional Counselors
  - Physician Assistants and Nurse Practitioners



## **National Health Service Corp Substance Use Disorder Workforce Loan Repayment Program:**

- **Up to \$75,000 in exchange for 3 year  
commitment to provide substance use disorder  
treatment**

- **Same eligibility criteria as NHSC LRP plus must work at an approved SUD treatment facility.**
- **Disciplines include:**
  - MDs/DOs
  - PAs/NPs
  - Psychiatrists
  - Certified Nurse Midwives
  - Psychiatric Nurse Specialists
  - Licensed Clinical Social Workers
  - Marriage and Family Therapists
  - Licensed Professional Counselors
  - SUD Counselors
  - Pharmacists
  - Registered Nurses

## **National Health Service Corp Rural Community Loan Repayment Program:**

- **Up to \$100,000 for 3 year full time commitment**
- **Up to \$50,000 for 2 year half time commitment**

- **Same eligibility criteria as NHSC SUD LRP except site must be a NHSC approved rural SUD site**
- **Eligible disciplines the same as NHSC SUD LRP with the addition of Certified Registered Nurse Anesthetists**

- [NHSC LRP](#)
- [NHSC SUD LRP](#)
- [NHSC Rural Community LRP](#)
- [NHSC Site Application](#)



## **Heather Tolley**

**West Virginia Department of Health and Human Resources  
Bureau for Public Health**

**Office of Community Health Systems and Health Promotion**

**West Virginia Division of Primary Care**

**350 Capitol Street, Room 515**

**Charleston, West Virginia 25301**

**(304) 352-6027**

**[heather.n.tolley@wv.gov](mailto:heather.n.tolley@wv.gov)**

# Surviving College Q&A-Student Panel

## Moderator

- Heather McChesney, Coordinator of Curriculum and Professional Development, WVHEPC

## Panelists

- Caleb Stevens, First year Master of Social Work student, Concord University
  - Currently working full-time as a case manager in adult mental health. After graduation plans to pursue LICSW and practice therapy.
- Samantha Kinnear, junior Psychology major, Marshall University
  - After graduation plans to pursue master's and career in counseling.
- Ashley Yoho, Senior Psychology student, West Liberty University.
  - After graduation plans to attend WLU Master of Arts in Clinical Psychology program and become a licensed Clinical Psychologist in WV.
- Autumn Perry, College Access and Success Program Director, WVHEPC

# Thank you, Roadmap Conference Planning Committee!

<b>Eveldora Wheeler</b>	Associate Prof, West Liberty University
<b>Kerri Steele</b>	Associate Prof, Chair, Dept of Social Work, WVSU
<b>Amy Saunders</b>	Managing Director, MU Center of Excellence for Recovery
<b>Larry Rhodes</b>	Executive Dir Rural Programs, WVU School of Medicine
<b>Janie Leary</b>	Associate Prof, Comm Health, Fairmont State University
<b>Steven Little</b>	STLR Project Coordinator, WV DHHR, BBH
<b>Heidi Dobish</b>	Associate Prof, Psychology Dept, Shepherd University
<b>Carolyn Canini</b>	Director of Behavioral Health Programs, WVHEPC